





## **5-K (3.1 miles) - Non-competitive walk**

**T-shirt & finishing medal**

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### **Important Information:**

- **Event shirt (tech) guaranteed to the first 300 registered participants**
- **(size not guaranteed)**
  
- **Unique trophies made by local metal craftsman**
- **No duplicate awards**
  
- **Participants must keep bib numbers on front**
  
- **Finishing medals**
- **Post race luncheon**
  
- **Each mile marked**
- **Professional timing**
  
- **Age determined by age on race day**
- **Final race results posted on official website**
  
- **Leashed canines welcome (doggie water available on course)**
  
- **Baby joggers & strollers welcome**
  
- **Half Marathon course USATF certified (#VA12009RT)**
- **Entry fee \$40 (\$45 April 1) (\$50 Race day)**
  
- **Rain or shine**
  
- **Sorry no refunds**
  
- **Please make check payable to: Run For The Animals, PO Box 45, Accomac, VA 23301**
- **Race Director: 757-999-4999 OR e-mail: [andrea@runfortheanimals.com](mailto:andrea@runfortheanimals.com)**

