

**If you or your group are interested in volunteering, we would love to have your help! Volunteers are needed from 6:00 AM to 3:00 PM in the following areas:**

- Set up
- Registration booth
- Water stations
- Turn markers
- Food area
- Finish line
- Clean up

**[Volunteer Form \(PDF\)](#)**

**Volunteers will receive commemorative event T-shirt & enjoy post race celebration.**

**Thank you, we couldn't do it without you !**

[2016 Volunteers](#)

[2015 Volunteers](#)

[2014 Volunteers](#)

[2013 Volunteers](#)

[2012 Volunteers](#)