



Run For The Animals

www.RunForTheAnimals.com

andrea@runfortheanimals.com

PO Box 45

Accomac, VA 23301

757~999~4999

COURSE & AGE GROUP RECORDS

10K (6.2 miles) – MALE

Age Group	Name	Age	Address	Year	Time
Under 10	Lucas Kindt	6	Franktown, VA	2016	1:10:25
10 - 14	Evan Lawrence	14	Onancock, VA	2013	43:32
15 - 19	Evan Lawrence	16	Onancock, VA	2015	37:49
20 - 24	Kevin Levi-Goerlich	23	Fruitland, MD	2017	37:28
25 - 29	Jesus Figueroa	27	Nassawadox, VA	2016	40:34
30 - 34	Jonathan Gonzalez	34	Exmore, VA	2016	42:14
35 - 39	Shammy Roberts	36	Virginia Beach, VA	2017	44:42
40 - 44	Kevin Burcham	44	Midlothian, VA	2016	37:57
45 - 49	Mike Canales	47	Machipongo, VA	2012	44:57
50 - 54	Scott Anderson	52	Ashland, VA	2012	51:35
55 - 59	Charlie Coffield	58	West Alexander, PA	2018	45:57
60 - 64	Charlie Coffield	60	West Alexander, PA	2019	43:50
65 - 69	Randy Cook	68	Norfolk, VA	2016	57:12
70 - 74	Randy Cook	71	Norfolk, VA	2019	1:06:04
75 - 79	Don Donovan	76	Machipongo, VA	2018	1:10:10
80+	Jim Lyons	81	Onley, VA	2015	1:29:40

10K (6.2 miles) – FEMALE

Age Group	Name	Age	Address	Year	Time
Under 10	Abigail Zuban	9	Belle Haven, VA	2018	1:25:40
10 - 14	Reagan Hill	13	Melfa, VA	2016	1:03:38
15 - 19	Carly Wardius	15	Wachapreague, VA	2016	1:04:07
20 - 24	Alisa Obenshain	23	Onancock VA	2015	52:48
25 - 29	Stephanie Cario	26	Bridgewater, VA	2018	43:10
30 - 34	Sarah Shotwell	33	Onancock, VA	2017	48:10
35 - 39	Laura Gonzalez	35	Exmore, VA	2016	44:35
40 - 44	Lynn Sande	44	Salisbury, MD	2018	51:54
45 - 49	Helena Hunt	46	Chesapeake, VA	2017	52:20
50 - 54	Veronica James	50	Quantico, MD	2017	53:45
55 - 59	Sheila McCalla	59	Lancaster, VA	2019	53:55
60 - 64	Jean Phelan	61	Virginia Beach, VA	2017	1:01:48
65 - 69	Nancy Vogt	66	Hacksneck, VA	2016	1:12:01
70 - 74	Betty Farley	71	Parksley, VA	2018	1:30:32
75 - 79					
80 +					



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COURSE & AGE GROUP RECORDS

Half Marathon (13.1 miles) – MALE

Age Group	Name	Age	Address	Year	Time
Under 10	Jacen Fletter	9	Virginia Beach, VA	2016	2:56:56
10 - 14					
15 - 19	Alexander Fitch	16	Carrollton, VA	2014	1:55:02
20 - 24	Benjamin Thomas	23	Cape Charles, VA	2016	1:26:51
25 - 29	Robert Powell	27	Norfolk, VA	2019	1:30:30
30 - 34	Zach Valentine	30	Newport News, VA	2013	1:27:04
35 - 39	Michael Demko	38	Virginia Beach, VA	2014	1:23:39
40 - 44	Tommy Neeson	44	Virginia Beach, VA	2013	1:25:43
45 - 49	Stephen Siegel	47	Falls Church, VA	2014	1:24:12
50 - 54	Daniel McMullen	53	Cape Charles, VA	2017	1:34:08
55 - 59	Tom Murphy	59	Virginia Beach, VA	2013	1:37:15
60 - 64	Tom Murphy	60	Virginia Beach, VA	2014	1:37:02
65 - 69	Tom Murphy	66	Virginia Beach, VA	2019	1:55:13
70 - 74					
75 - 79	Chris Catoe	79	Virginia Beach, VA	2014	2:12:22
80 +					

Half Marathon (13.1 miles) – FEMALE

Age Group	Name	Age	Address	Year	Time
Under 10	Kayla Foley	9	Virginia Beach, VA	2015	2:05:15
10 - 14	Lauren Foley	12	Virginia Beach, VA	2015	1:55:40
15 - 19	Jen Cunningham	16	Belle Haven, VA	2016	2:01:14
20 - 24	Shannon Bonnel	24	Mechanicsville, MD	2016	1:46:53
25 - 29	Saki Wilson	28	Norfolk, VA	2019	1:32:11
30 - 34	Renee High	30	Virginia Beach, VA	2012	1:26:11
35 - 39	Kristin Herring	35	Newport News, VA	2014	1:33:08
40 - 44	Elizabeth Smith	41	Virginia Beach, VA	2017	1:37:47
45 - 49	Stephanie Jones	47	Virginia Beach, VA	2014	1:50:44
50 - 54	Nancy Delaney	51	Virginia Beach, VA	2017	1:49:22
55 - 59	Susan Snead	59	Virginia Beach, VA	2015	1:57:24
60 - 64	Penny Williams	62	Trappe, MD	2014	1:54:14
65 - 69	Betty Brothers	66	Virginia Beach, VA	2013	1:53:52
70 - 74	Betty Brothers	70	Virginia Beach, VA	2017	1:59:19
75 - 79					
80+					